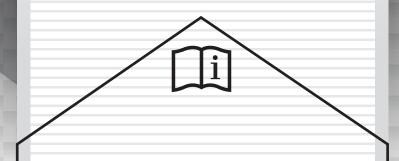


# INSTRUCTION



# TOWER-PTXW

liveness



# **Component:**

When you open package, you will find:





No.	Item	Quantity
1	Extension pad	1
2	Tower tube	3
3	Bracket connected reformer	4
4	Spring with hook	8
5	Through push bar	1
6	Roll down bar	1
7	Foot loop	2
8	Safty strap with snap	1
9	Screws	A few
10	Assembly kit tools	1

# **Assembly:**

Warning: It is required to unpack the equipment and correct lifting technique by two people at least. At all times you are responsible for

your own safety and those around you.

Please unpack the equipment in a clear, clean & dry environment on a level floor surface. And follow the steps below to operate"

#### 1. Take Out All Parts:

Please take out each product from the wooden box and place them on a flat surface.

#### 2. Install Tower Bracket:

① Disassemble screws of end of frame and keep same screws.



② Use original leg screw and find spacer as picture, put them together and install connected parts on the legs.







#### 3. Assemble Tower:

Assemble two long tube and one short tube.





#### 4. Install Tower On The Reformer

Insert two long tower tube into bracket vertically, and tight screw to fix tower.





### 5. Assemble Through Push Bar on the Tower:

Put through push bar in the middle of tower frame, and press plug screw to fix.





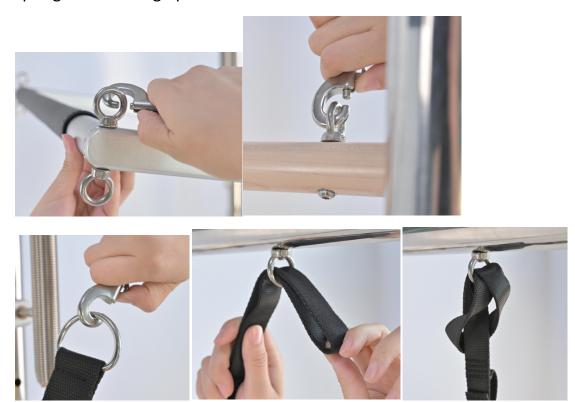
### 6. Assemble spring on the tower:

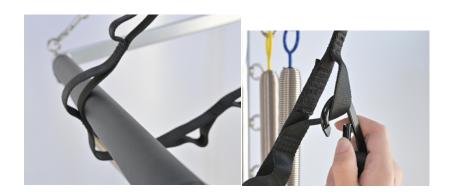
According to actual training requitment, connect spring with tower by hook.

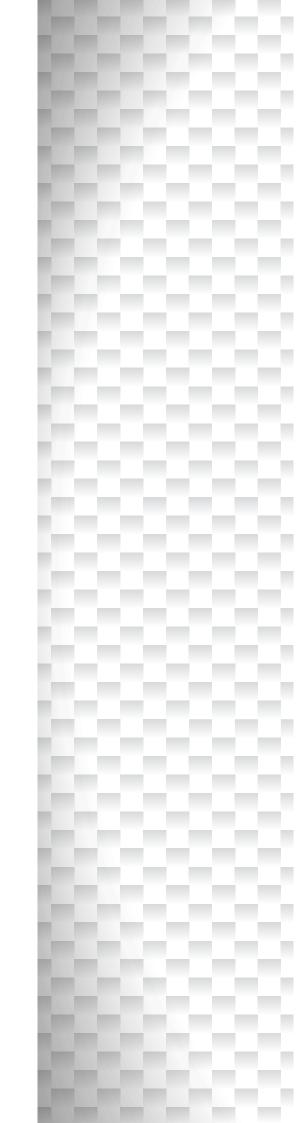


#### 7. Assemble accessories on the tower.

Hang roll down bar and foot loop with springs as picture, and hand springs with through push bar.







# Garlando

GARLANDO SPA

Via Regione Piemonte, 32 - Zona Industriale DI
I 5068 - Pozzolo Formigaro (AL) - Italy

www.toorxprofessional.it

contact@toorxprofessional.it