

TCORX
PROFESSIONAL LINE

INSTRUCTION



WOODEN CADILLAC REFORMER

PTX 6000
liveness



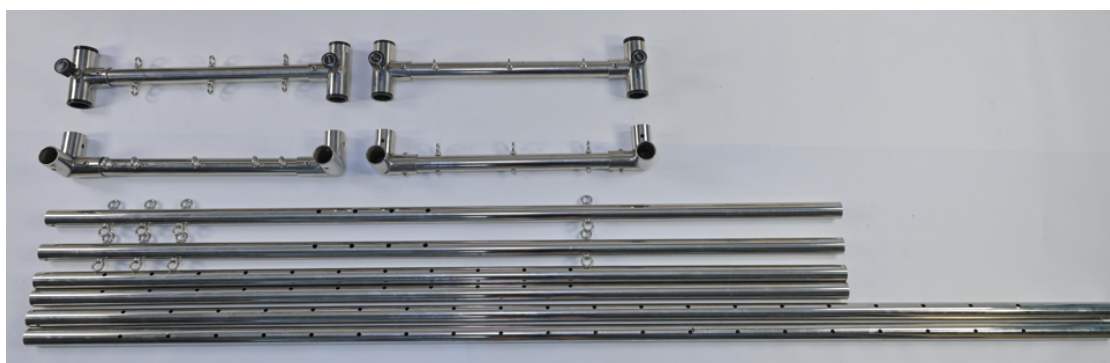
Code: GRDTCORXPTX6000

Rev: 00

Ed: 10/25

Component:

When you open package, you will find:



No.	Item	Quantity
1	Reformer frame	1
2	Foot bar	1
3	Foot bar screws	2
4	Box	1
5	Jumpboard	1
6	Soft pad	1
7	Frosted pad	1
8	Extension board	1
9	Shoulder rest with screw knob	2
10	Shoulder rest pillar	2
11	Rope riser	2
12	Rope riser knob	4
13	Rope riser pulley with knob	2
14	Rope	2
15	Foot strap ring	2
16	Foot strap with hook	1
17	Metal frame tube	2*long+4*middle+2*short
18	Sliding tube	2
19	Spring with hook	4*long+4*middle+2*short
20	Through push bar	1

21	Through push bar bolt	2
22	Single ring foot loop	2
23	Handle ring	2
24	Safety strap with snap	1
25	Rolling bar	1
26	Trapeze	1
27	Wool strap	1
28	Screw	A few
29	Assembly kit tools set	1

Assembly:

Warning: the main box for the reformer weights around 140kg so at least two strong people are required to unpack the equipment and correct lifting technique should be used. At all times you are responsible for your own safety and those around you.

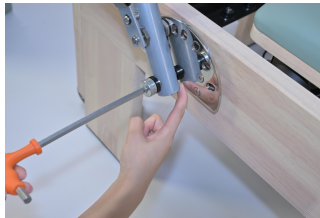
Please unpack the equipment in a clear, clean & dry environment on a level floor surface. And follow the steps below to operate"

1. Take Out All Parts:

Please take out each product from the wooden box and place them on a flat surface.

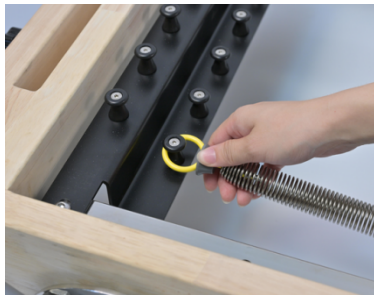
2. Install foot bar:

Align the foot bar with the half round gear dial on both sides of the reformer, and tighten the screws for fixation.



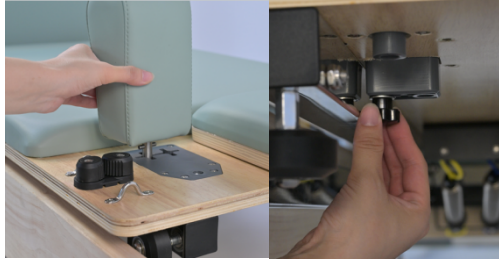
3. Adjust carriage:

Hang one spring at least on spring row, to fix carriage position.



4. Install shoulder rest:

Put the shoulder rest into holes on carriage, and assemble turn knobs from the bottom of carriage to fix shoulder rest.



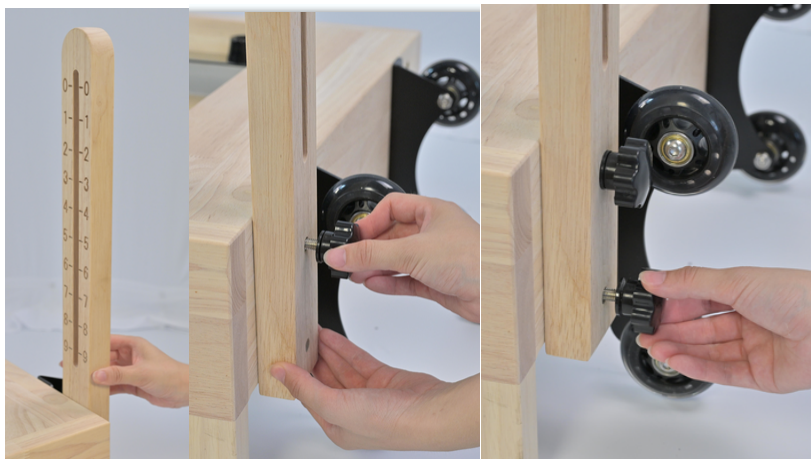
5. Install shoulder pillars

Rotate pillars and screws them tightly into the corresponding holes.



6. Install Rope Riser:

Face the side with the markings towards the carriage, insert the rope riser into reformer slot, rotate knobs to fix riser.



7. Install pulley

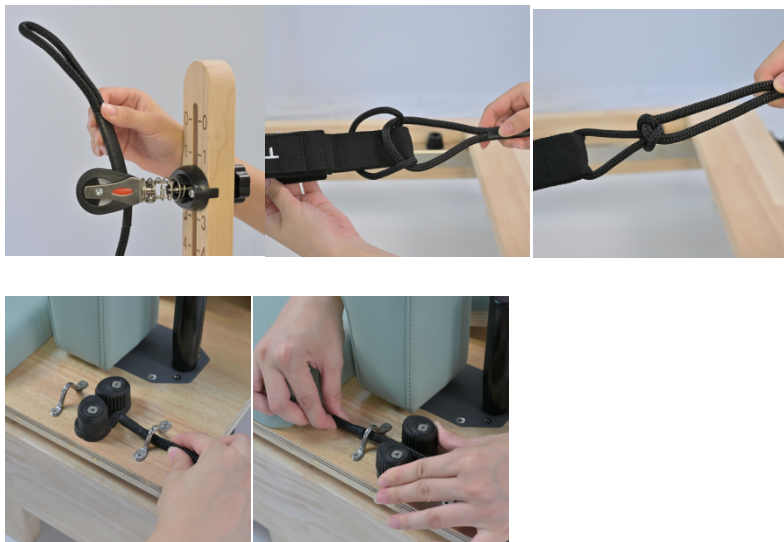
Put pulley on the side of markings and assemble knob at the back, to fix pulley on the rope riser.



8. Assemble Ropes:

Pass one end of the rope through the pulley on the rope riser, tie it with the rope and the foot strap ring.

Put another end of rope through the ring on the reformer, and press the accessory that fix the rope, then, pass another ring on the reformer, and adjust the length of the rope according to your own situation to the optimal usage length.



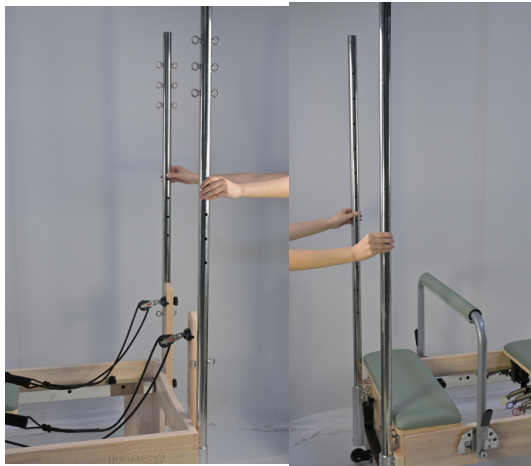
9. Install foot strap:

Attach the foot straps to the hooks and hang them on the ring at the top of reformer.



10. Install metal frame:

① Insert four middle metal tube into bracket.



② Align the holes of the sliding rod with the metal tubes on the footbar side, insert it and adjust to the required position for training, and tighten the knob to fix it.



③ Assemble two short metal tubes on the top of two side middle tube each side, and assemble screws to fix.



④ Align the holes of the sliding rod with two long metal tubes, insert it and adjust to the required position for training, and tighten the knob to fix it. Please note sliding tube knob and long tube holes should be same forward.

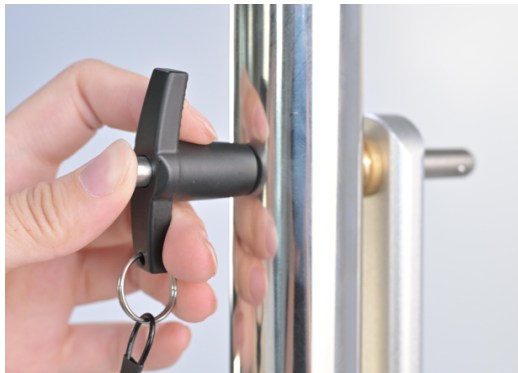


⑤ Assemble two long metal tube based on four middle metal tube, and tight screw to fix.



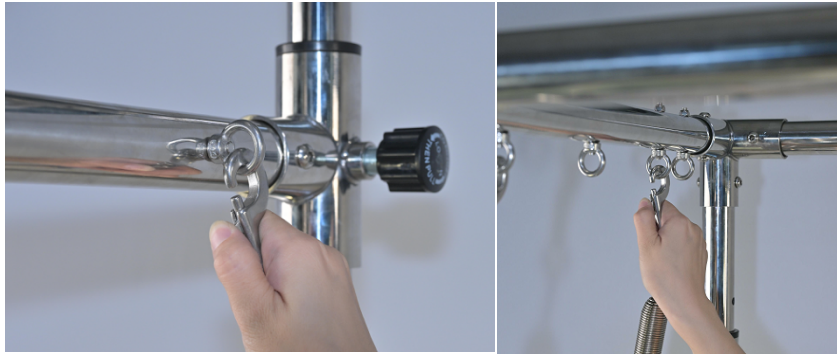
11. Assemble Through Push Bar:

Put through push bar in the middle of tower frame, and press plug screw to fix.



12. Assemble spring:

According to actual training requirement, hang the spring on the metal frame.



13. Assemble accessories on the tower.

① Connect through push bar.

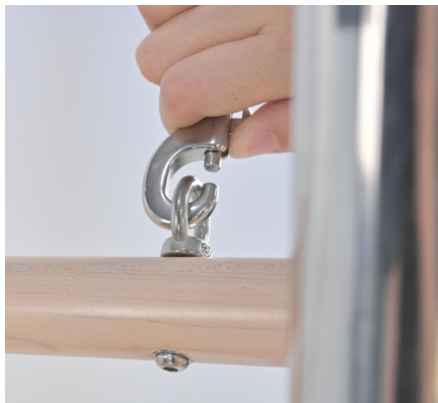


② Assemble Safty strap with snap.

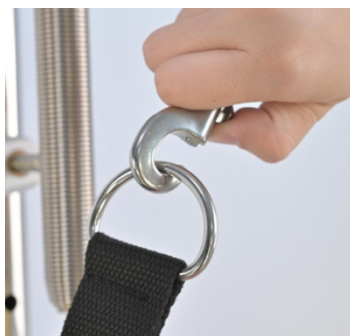




③ Assemble rolling bar.



④ Assemble Single ring foot loop.



⑤ Assemble handle ring.



⑥ Assemble trapeze.



⑦ Assemble wool strap.



14. Insert soft pad into holes.



15. Insert frosted pad into holes.



16. Install Jumpboard

Adjust foot bar position to first hole of half round gear dial, then, open soft pad, insert jumpboard into holes and rotate knobs to fix jumpboard.



17. Install extension pad





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